



2006 Expert Field Medical Competition



There Can Only Be One!

The Expert Field Medical Competition (EFMC) is an individual competition that challenges the Army's best medics in a demanding, continuous, and realistic simulated combat environment. The winner of the EFMC claims the title as the Army's Top Medic. The EFMC has been rejuvenated and will be held in the spring of 2006 following the Fort Sam Houston EFMB testing at Camp Bullis, Texas.

The first EFMC was conducted at Fort McClellan, Alabama in 1994. Several more competitions were conducted at Fort Sam Houston, Texas. Due to the high OPTEMPO and the unpredictability of these deployments, no competitions have been held since the late 1990's. Starting in 2006, the EFMC will be conducted annually at Camp Bullis. Fort Sam Houston is the only installation authorized to host the competition.

A new regulation for the EFMC was recently approved and is in the form of an appendix to AMEDDC&S Pam 350-10. Chapter 4 of DA Pamphlet (Pam) 40-20 was the last regulation governing the competition. Numerous changes have been implemented in the new regulation to enhance the competition. These changes were made to mirror certain aspects of the EFMB Program, the current operational environment, and to clearly define various facets of the EFMC.

Participants must meet the following prerequisites. They must have been awarded either the Expert Field Medical Badge (EFMB) or the Combat Medical Badge (CMB). They must volunteer and be recommended by their chain of command. They must not have a medical profile that will prohibit them from completing any event in the competition.

The allocation of slots for participants will be stated in an MOI. Units will have a suspense date to forward the information for the participant(s) that will represent their command. Their TDY will be funded by their organization. The EFMC is very physically and mentally demanding that surpasses the efforts required for EFMB testing. Only the best of the best should be sent to represent the various commands.

All tested events in the EFMC will be completed within 56 hours to include: APFT, obstacle course, weapons marksmanship, day land navigation, night land navigation, written test, combat medical lanes (CMLs), and the foot march. All events minus the APFT will be conducted in a field environment at Camp Bullis, Texas.

The points system for the EFMC is clearly defined within the new regulation. Participants are not only evaluated on their ability to perform the tasks to standard, but time has also been factored into the points system.

The APFT will be conducted with the participants being scored on the 27-31 age bracket for their applicable sex. A modified extended scale has been produced for the competition. No alternate events are authorized.

Participants will be required to negotiate an obstacle course comprised of 16 obstacles. Time and proficiency in negotiating the obstacles are factored into the scoring system.

Participants will shoot on a “pop-up” rifle range with the M16A2/M4 rifle. Points will be awarded for each target hit. Participants will be given nine rounds to zero prior to their scored firing.

Day and Night Land Navigation will be conducted. Points will be subtracted for each point that is not found and time is also factored into the scoring system.

The written test is derived from the same three references that are applicable to EFMB Testing. Participants will be given one hour and thirty minutes to complete the 100 question exam. Points will be awarded for each correctly answered question.

There will be four CMLs. The participants will be required to navigate to each lane. All lanes will be in a battlefield simulated scenario. The CMLs are comprised of all current EFMB tasks that fall under the following critical performance areas: EMT, Communications, Evacuation of the Sick and Wounded, and Common Skills. SACMS-VT tasks will also be incorporated into the CMLs. Points are awarded for each performance measure correctly performed.

On the 12-mile Foot March, participants will be awarded points for the amount of time that they complete it less than three hours. Points will be subtracted if not completed within the time limit.

The references for the hands on portion of EFMC are AMEDDC&S Pam 350-10 and TC 8-800 (SACMS-VT). The written test will be taken from the same references as the EFMB written test: FM 8-10-6 (Medical Evacuation in a Theatre of Operations), FM 21-10 (Field Hygiene and Sanitation), and STP 8-91W15-SM-TG (Soldier's Manual and Trainer's Guide, MOS 91W, Health Care Specialist). All references are available for download on the EFMB Website.

Appropriate recognition and awards will be presented at the awards ceremony following the competition. The winner of the EFMC will receive a specially designed EFMC gold ring. Other awards will be presented to the top finishers and all participants for their efforts.

All EFMC information is available on the EFMB Test Control Office (TCO) Website. Please contact the EFMB TCO with any questions that you may have.

READ MORE ABOUT THE EFMC AND THE EFMB PROGRAM!

➤ Expert Field Medal Badge Website: <https://ke.army.mil/efmbtco>

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